

BAXTER

INFORMED CONSENT AND LIABILITY WAIVER RELEASE FOR FITNESS CENTER USE

I agree and consent to the following:

I, _____ am voluntarily participating in the use of the fitness center at 40 Garden Street located at 278 Mill Street, Poughkeepsie, NY 12601. I recognize that the use of the fitness center requires physical exertion that may be strenuous at times and may cause physical injury and I am fully aware of the risks and hazards involved.

I understand that it is my responsibility to consult with a physician prior to and regarding my voluntary use of the fitness center. I represent and warrant that I have no medical condition that would prevent me from utilizing the fitness center.

I agree to assume full responsibility for any risks, injuries or damage known or unknown which I might incur as a result of exercising in the fitness center. Such injuries may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, back or foot, or any other illness or soreness, including death.

I knowingly, voluntarily and expressly waive any claims I may have against R.L. Baxter Building Corporation, Amaric Inc., 40 Garden LLC, Millhouse Hospitality and its owners for any injury or death caused by their negligence or other acts.

I have read the above waiver and release of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Print Name

Signature

Date